

Fall 2024 Recreational Schedule

12 WEEK SESSION

\$40 Gymnastics Ontario (GO) Insurance Fee due upon registration per athlete per GO calendar year (July 1 - June 30)

CLASS NAME	HRS	AGE	COST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
GYMNASTICS										
Parent & Tot	45min	18mo-3yrs	\$340							10:45 am
Kindergym	1hr	3-4yrs	\$350			4:30 pm			9:00 am	
Jr. Sampler	1hr	5-6yrs	\$350		4:30 pm	5:45 pm			10:15 am	
Sampler	1hr	7+	\$350		5:30 pm	7:15 pm	7:00 pm		1:00 pm	
TUMBLING										
Youth Tumbling	1hr	6+	\$350	7:00 pm	5:30 pm 6:45 pm	7:15 pm	5:30 pm		10:15 am 1:00 pm	
Advanced Tumbling	1.5hr	INVITE	\$410			4:30 pm			11:30 am	9:00 am
TRAMPOLINE										
Youth Trampoline	1hr	6+	\$350	6:45 pm	7:15 pm	7:00 pm	6:45 pm		9:00 am 10:15 am 12:45 pm	
Advanced Trampoline	1.5hr	INVITE	\$410	6:15 pm		4:30 pm 6:15 pm			11:30 am	9:00 am
NINJAZONE										
Lil' NINJA ZONE (3-4)	1hr	3-4	\$350	4:30 pm	4:30 pm 4:30 pm	5:00 pm	4:30 pm 4:30 pm		9:00 am 10:15 am 11:30 am	9:30 am
NINJA ZONE Training (5-7)	1hr	5-7	\$350	4:30 pm 5:30 pm 5:45 pm	4:30 pm 5:45 pm 5:45 pm 7:00 pm	6:00 pm 6:15 pm	4:30 pm 4:30 pm 5:30 pm 5:45 pm		9:00 am 11:30 am 12:30 pm	10:45 am
NINJA ZONE Training (8-10)	1hr	8-10	\$350	6:45 pm			5:45 pm			10:45 am
NINJA ZONE Training (10+)	1hr	10+	\$350		7:00 pm					
DROP-IN PROGRAMS										
Drop-In Gym	1.5hr	14yrs+	\$10	8:00 pm		8:00 pm				
Parent & Tot Drop-In	1.5hr	18mo+	\$10			10:30 am				
START DATE:				Sept 9	Sept 10	Sept 11	Sept 12	Sept 13	Sept 14	Sept 15
END DATE:				Dec 2	Nov 26	Nov 27	Dec 5	Nov 29	Nov 30	Dec 8
NO CLASS DATES:				Oct 14			Oct 31			Oct 13